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சுவசிரிபாய
SUWASIRIPAYA

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எனது இல) EPID/400/n-CoV
My No.)
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Your No. :)
දිනය) 08th April, 2020
திகதி)
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சுகாதார மற்றும் சுதேச வைத்திய சேவைகள் அமைச்சு
Ministry of Health and Indigenous Medical Services

All Deputy Director General of Health Services
All Provincial Directors of Health Services
All Regional Directors of Health Services
All Heads of the Institution

Release of persons who have quarantined from the quarantine centers

At the national Technical Committee on Covid 19 response, it was decided to test the quarantined persons before releasing them from the Quarantine Centers (QC).

Persons brought to the quarantine centres

1. Distance should be maintained when transporting people to the center inside the vehicles.
2. After arriving to a centre, trained officer (eg. Public Health Inspector) should educate the persons using public address system on maintaining a distance at least one meter, hand washing, using wash rooms, measuring temperature, how to behave when meals are supplied and inform if any symptom appears.
3. Officers should be appointed to observe whether the persons are practicing protective measures.
4. Until one group finishes 14 days in respective building in the Quarantine Centre, should not add any other person to same building

5. All persons who have symptoms or tested positive for COVID-19 should be sent to designated hospital for management.

Following category of people will be tested for COVID-19: at QCs

People who are currently in cohort quarantine from selected high risk geographical and / or population categories.

Timing of the sampling in the QC

- First sample for COVID 19 testing will be performed around 6-10 days of exposure to the COVID positive case.
- The second sample will be performed closer to the completion of quarantine period (13-14 day of the exposure) after exposure to the COVID positive case.

Coordination of the process:

The process should be coordinated by the Regional Epidemiologist (RE) and Provincial/District Consultant Community Physician (CCP) with the help of Sri Lanka Army administration at the QCs.

Sample Collector:

1. MOH/ MO/ MOPH/ NO/PHNS can be trained under the supervision of Consultant Virologist/ Microbiologist in the collecting center for collecting the samples.

Packaging and transport:

1. Sample container should be properly labeled before collection.
2. Once collection is completed, the sample should be packed in a triple package
3. Sample should be sent to the designated laboratory within 48 hours after collection.
4. Samples should be stored and transported at a temperature of 2-8°C.
5. If any delay \geq 48 hours, store the sample at -70°C.
6. Prepare a list of the persons to be sampled with a brief history of the illness and exposure. (Considered as the request form) and send to the laboratory and the Epidemiology Unit.

Regional Epidemiologist (RE) and District Consultant Community Physician (CCP) should make arrangements to transport the samples to the testing laboratory after contacting the Virologist/ Microbiologist.

Reporting results

The testing laboratory will inform the test results daily to the Epidemiology Unit.

The Epidemiology Unit will inform the results to the respective Regional Epidemiologist and he/she will inform the QC.

Prioritization of the persons to be tested

The prioritization of persons to be tested daily will be done based on the epidemiological risk assessment by the Epidemiology Unit and the list will be sent to the Regional Epidemiologist daily to proceed the activities.

Sample collection plan

QC	Total	Daily testing	No of days	Sample collection	Testing center
Panichchankerni	42	30	1-2	Batticaloa	Kandy
Punani	519	50-100	5-10	Polonnaruwa	Anuradhapura
Brandix	289	50	5-7	Batticaloa	Kandy
Diyathalawa	50	30	2	Badulla	Kandy
Total	900				

Quarantine Period

1. If anyone found to be positive, quarantine period should be extended for others for another fourteen days and consider the day one as the date where a positive case is detected.
2. Before releasing these persons from the center, their details should be sent to respective Medical Officers of Health. Once released from Quarantine center, they should be registered at the respective offices of Medical Officer of Health (MOH) and should instruct the people arrived from centre to home quarantine for another 14 days at homes.
3. Certificate should be issued once the home quarantine period is over by the Medical Officer of Health
4. If the Quarantine Centre is issuing a certificate when releasing from the center, should mention that the person is subjected to mandatory home quarantine for another 14 days under the supervision of Medical Officer of Health.

Thank you,



Dr. Anil Jasinghe

Director General of Health Services

Cc:

- I. Commander/ Sri Lanka Army
- II. Chief Epidemiologist
- III. Provincial/District CCP
- IV. Regional Epidemiologist